# Flu Shot Clinic Schedule

## Indian River County: October 2019 Clinics

**While Supplies Last**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location Details</th>
<th>Address</th>
<th>City</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, October 2</td>
<td>9:30 am - 11:30 am</td>
<td>Sebastian Hidden Treasures</td>
<td>11646 US Hwy 1</td>
<td>Sebastian</td>
</tr>
<tr>
<td>Wednesday, October 2</td>
<td>3:30pm - 5:00pm</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Saturday, October 5</td>
<td>9:30 am - 11:00 am</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Monday, October 7</td>
<td>9:30 am - 11:30 am</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Tuesday, October 8</td>
<td>9:00 am - 11:00 am</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Wednesday, October 9</td>
<td>3:30pm - 5:00pm</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Wednesday, October 9</td>
<td>9:30 am - 11:30 am</td>
<td>Sebastian Hidden Treasures</td>
<td>11646 US Hwy 1</td>
<td>Sebastian</td>
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<tr>
<td>Wednesday, October 9</td>
<td>10:00 am - 12:00pm</td>
<td>Habitat for Humanity</td>
<td>4568 US Hwy 1</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Friday, October 11</td>
<td>9:30 am - 11:00 am</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Saturday, October 12</td>
<td>9:30 am - 11:00 am</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Monday, October 14</td>
<td>9:30 am - 11:30 am</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Wednesday, October 16</td>
<td>3:30pm - 5:00pm</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Wednesday, October 16</td>
<td>9:30am - 11:30 am</td>
<td>Sebastian Hidden Treasures</td>
<td>11646 US Hwy 1</td>
<td>Sebastian</td>
</tr>
<tr>
<td>Thursday, October 17</td>
<td>8:30am - 10:00am</td>
<td>Gifford Youth Center</td>
<td>4875 43rd Ave</td>
<td>Vero Beach</td>
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<tr>
<td>Friday, October 18</td>
<td>9:30 am - 11:00 am</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Saturday, October 19</td>
<td>9:30 am - 11:00 am</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Monday, October 21</td>
<td>9:30 am - 11:30 am</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
</tr>
<tr>
<td>Tuesday, October 22</td>
<td>11:00am - 12:30pm</td>
<td>By the River</td>
<td>11065 Ganga Way</td>
<td>Sebastian</td>
</tr>
<tr>
<td>Wednesday, October 23</td>
<td>9:30am - 11:30 am</td>
<td>Sebastian Hidden Treasures</td>
<td>11646 US Hwy 1</td>
<td>Vero Beach</td>
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<tr>
<td>Wednesday, October 23</td>
<td>3:30 pm - 5:00 pm</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
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<tr>
<td>Friday, October 25</td>
<td>9:30am - 11:00 am</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
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<tr>
<td>Saturday, October 26</td>
<td>9:30am - 11:00 am</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
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<tr>
<td>Monday, October 28</td>
<td>9:30am - 11:00 am</td>
<td>Vero Beach Hidden Treasures</td>
<td>656 21st St.</td>
<td>Vero Beach</td>
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<tr>
<td>Wednesday, October 30</td>
<td>9:30am - 11:30 am</td>
<td>Sebastian Hidden Treasures</td>
<td>11646 US Hwy 1</td>
<td>Vero Beach</td>
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<tr>
<td>Wednesday, October 30</td>
<td>3:30 pm - 5:00 pm</td>
<td>Vero Beach Hidden Treasures</td>
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For more information, please call 772.978.5524 or visit [www.vnatc.com](http://www.vnatc.com)
What Does the Treasure Coast Mean to You?

“Treasure Coast Treasures”
Photo Contest

August 5th - September 29th, 2019

The Treasure Coast contains some of the most picturesque landscapes in Florida. Share your favorite picture that most exemplifies the Treasure Coast to you!

WIN a 2 Night Getaway at a Florida Bed & Breakfast!

Plus

$100 VISA Gift Card

1 WINNER per WEEK!

We’re looking for pictures of the beautiful scenery of the Treasure Coast, our little slice of paradise!
Please only 1 submission per person!

Visit our website for full contest details & to submit your photo!

www.OculinaBank.com

Insured by NCUA
GRAND OPENING!!!

Join us for a Great Time:
Starting at 10 am on Friday
September 13th, 2019
and running thru October 31st, 2019 we will be
celebrating with special pricing and raffles for great gifts.
Raffle contestants will need to stop by the store from
November 1st, 2019 thru November 5th, 2019 to see if
you are a winner and collect your prize. PLEASE DO
NOT LOSE YOUR TICKET!!!

AS an EXTRA SPECIAL Event,
we will be celebrating Dad’s 88 birthday
from 5:30 pm to 7 pm 9/13/19.
For those of you who bring Pop’s Popcorn
(Tom Salmon) a card you will receive a
FREE thank you gift.

Our Team is here to help you!
Special Orders WELCOME
Julie Nelson
Manager
Cheryl Maurer
Sales Associate

Birthday Cake, snacks, cookies, gift for the kids
Wine tasting for the Adults

Niki Salmon - Owner
863-532-9096
niki@rundigo.com
Yoga Art Therapy

A 2.5 DAY WEEKEND RETREAT LED BY INTERNATIONALLY ACCLAIMED ARTIST AND CERTIFIED YOGA INSTRUCTOR, SOUREN MOUSAVI. YOU WILL EXPLORE THE ENERGETIC BODY, CHAKRA OPENING AND TAPPING INTO YOUR CREATIVE SELF THROUGH INTERACTIVE YOGA AND ART WORKSHOPS.

SEPTEMBER 27-29
ISLAND VIEW COTTAGES ALL-INCLUSIVE GETAWAY

www.almacommunity.com
MULLIGAN'S
FOOTBALL
MENU
GREAT FOOD SPECIALS!
BEER SPECIALS
$8 BEER PITCHERS
60oz BUD LIGHT OR
BEACH HOUSE DRAFT
$3 BUD OR BUD LIGHT
BOTTLES
OUTDOOR
VIEWING!
LOTS OF TV'S!

FAMILY
NIGHT!
EVERY THURSDAY
5PM - 8PM
KIDS EAT FREE!
** KIDS 10 & UNDER FROM KIDS MENU WITH
PURCHASE OF BEVERAGE.
ENJOY
CLASSIC BOARD GAMES
AT YOUR TABLE!
FREE BALLOONS & MORE FUN!
FRIENDS OF LAPORTE FARMS INC.

Grandparents Raising
Grandkids Fun Day
A Memory Making Event

SATURDAY, SEPTEMBER 28th
AT LAPORTE FARMS • 10AM-2PM
Fun day for grandparents to bring the grandkids for a day on the farm.

ACTIVITIES INCLUDE:
- PONY RIDES
- HAY RIDES
- FISHING
- FEED THE CRITTERS
- GAMES
- STEER ROPING
- FUN IN THE SANDBOX
- HOME DEPOT WORKSHOP
- AND LOTS MORE...

WWW.LAPORTEFARMS.COM
7700 129th Street Sebastian, Florida (Off Roseland Road)
(772)633-0813
FEATURING

Crab Stop Biscuit & Seafood Gravy
Peach Cobbler French Toast
Shrimp & Grits
Seafood Imperial
Collard Green Eggrolls
Surf & Turf Benny
Fried Crab Legs
Mimosa’s & Bloody Mary’s

SOUTHERN STYLE SEAFOOD BRUNCH

RESERVATIONS ONLY | OCTOBER 27, 2019 | 10:30AM – 4PM
Countryside Family Farms
FALL FESTIVAL

OCTOBER 5 - NOVEMBER 10 • OPEN SATURDAYS & SUNDAYS 10 TO 5 AT COUNTRYSIDE FAMILY FARMS

SUPPORT LOCAL FARMERS

Find your way out of our corn maze!

Great Family Fun for all ages!

Corn Maze
Country Store
Hayride
Jumping Pillow
Rat Roller
Pumpkins
Air Cannon
Tetherball
Corn Hole
Giant Chess
Bull Lasso
Old Florida Nature Trail
Barnyard Ball Zone
Hillbilly Hootenanny
Family Photo Ops
Ring Toss
Cornudrums
Kiddie Train
Rubber Ducky Races
Corn Crib
Graffiti Car
Face Painting
Giant Tic Tac Toe
Bubble Fun

Be Sure To Bring Your Appetite!

Hamburgers & Hot Dogs
Soft-Serve Ice Cream
Slushies & Snowballs
Kettle Corn
Fresh-Squeezed Lemonade
Fries
Chicken Tenders
Pickle Sticks
El Sid Tacos
Pig on a Stick
& More!

TICKETS:
$11.95 + tax ONLINE
$14.95 + tax AT THE GATE
includes all attractions except Air Cannon.
(2 & under-FREE)
BUY ONLINE TO SAVE!

Meet Kernel Corn and the Pumpkin Princess!

at Countryside Family Farms
6325 81st Street, Vero Beach
772-581-0999 | Toll Free: 888-550-5745

DISTRIBUTION DOES NOT IMPLY RECOMMENDATION OR ENDORSEMENT BY THE SCHOOL DISTRICT OF INDIAN RIVER COUNTY.

Details and online tickets at www.CountrysideFamilyFarms.com
RIVER RAT RECYCLE REGATTA
COMMUNITY TEAM BUILDING EVENT

OCTOBER 13 | 8:00 - 4:00pm
RACE TIME | 10:00am

OVERVIEW
Your mission is to be a part of a 4-person team and build a small watercraft and enter your team into our Regatta and make it to the finish line.

Each vessel is built from 100% approved recyclable materials and recycled by 4-person teams. The recyclable materials required to navigate the water course route without leaving any part or piece of your creation in the Lagoon. Cross the finish line with all original contents of your vessel and you 4-person team and receive at your finish line grabs the next team to arrive!

TEAM DETAILS
- REQUIRED: 4 ON TEAM | 6 persons
- EVERY RECYCLED | $500 per team
- £19.99/NG £20.00 (17-19 yrs)

REGATTA RULES AND REGULATIONS
- Each team is allowed to enter one boat
- Boats must be constructed from 100% approved recyclable materials. No non-recyclable items or glass may be used in the construction
- All types must be人数 permitted
- All team members must wear a v-neck or short-sleeve t-shirt and face forward at the finish line

EVENT TIME
- CHECK IN 8:00am - 9:00am
- RACE TIME 10:00am
- SIGN UP ONLINE CAPTHIRKS.EVENTBRITE.COM

SPONSOR OPPORTUNITIES
- Admiral Level: £5000 (sponsored by大自然)
- Social banner on the Recycled Regatta Facebook page
- Additional social media on Walking Tree and Capit Rooks
- Sponsorship
- Large present as a feature on our Facebook page
- Social banner and signage in community event
- Press release (date August 16th)
- Host of commemorative - announcing race kickoff
- 5 event meal vouchers
- 10 event tickets

CAPTAIN LEVEL £300
- Recycled award bag sponsors
- Large present as a feature (sponsored by大自然)
- Social banner and signage in community event
- 5 event meal vouchers
- 10 event tickets

FIRST RACE £200
- Business name listed on t-shirt (sponsored by大自然)
- Social banner and signage in community event
- 5 event meal vouchers
- 10 event tickets

BRAGGING RIGHTS
No one would complete without trophies and bragging rights. All trophies will be constructed out of 100% recycled materials.

ADMIRALS TROPHY
[Mr. Mr - Sir - 3rd]
Top 5 fastest race times

STRAPMED SAILOR TROPHY
Boat theme - Seafood and fun floats

SWASHBUCKLER TROPHY
Blowout team - Most spectacular capsize

WHAT CAN YOU USE TO BUILD YOUR WATERCRAFT?
RECYCLED MATERIAL GUIDELINES

USE THESE
- CARDBOARD
- WOOD (NO NAILS)
- PLASTIC CONTAINERS (NO LIDS)
- PLASTIC CARTS OR CRATES
- PAPER
- BOTTLES (PLASTIC ONLY)
- BAMBOO
- TIRES
- ALUMINUM
- STEEL
- HEAVY METALS

DON'T USE THESE
- LOOSE PLASTIC FILM
- SHOWER CURTAIN RODS
- BIKES
- BATTERIES
- ELECTRONICS OR GAS POWERED MOTORIZED DEVICES
- NAILS

MATERIALS TO TIE YOUR BOAT TOGETHER

- ROPE
- STRING
- DUCT TAPE

Weight limit of 200lbs
Water to navigate is less than 3 feet deep
Sebastian Area Historical Society, Inc.
is proud to present

“Sebastian Inlet District – 100 Years of History”
Wednesday, October 16, 2019,
at 6:00 p.m.
by
Michelle Malyn, Public Information Associate
of the Sebastian Inlet District

at North Indian River County Library, 1001 Sebastian Blvd. (CR 512 at Roseland Road),
Sebastian
Admission is free. Refreshments provided.
***This event is not sponsored by the North Indian River County Library***
Seventh Annual Great Duck Derby

October 20, 2019

FOR MORE INFORMATION!!

https://www.duckrace.com/treasurecoast
HALLOWEEN COSTUME CONTEST

SATURDAY, OCTOBER 26, 2019
10:00am until 12:00pm
RIVIVERVIEW PARK BY THE TWIN PIERS

MUSIC * HAY RIDES * DJ * DANCING * FUN
Prizes for best costumes for five age groups!!

FOR MORE INFORMATION
CALL 288-7054 OR KFALZONE@CITYOFSEBASTIAN.ORG
What is the Chum Bucket?

The Chum Bucket is named after a restaurant in a child’s cartoon, is a non-profit organization located at the Sebastian River High School helping 75 needy families and students.

Helping with needs such as; school supplies, personal hygiene products for boys and girls, meals, student testing fees, sports fees and much more.

All funds are raised and dispersed by the school staff.

The entire operation is run on donations!
Spend a lovely evening under the stars at ELC’s Mangroves and Moonlight Annual Benefit, to be held on Saturday, January 11, 2020, from 5:30 p.m. to 9:00 p.m. Mangroves and Moonlight will take place throughout the ELC’s scenic 64-acre venue along the Indian River Lagoon. Enjoy delicious cocktails and hors d’oeuvres while listening to live music. The cocktail hour will be followed by a buffet and live auction that will take place in a beautiful moonlit pavilion.

We look forward to celebrating with you during our annual benefit! By working together, we can carry out our mission to educate, inspire and empower all people to be active stewards of the environment and their own well-being.

**ANNUAL BENEFIT SPONSORSHIPS AVAILABLE**
Complimentary tickets will accompany sponsorship.
Please contact Lesley Lichko at Lesley@DiscoverELC.org for additional information.
After School Programs
1415 Friendship Lane | Sebastian, FL 32958

WHEN SCHOOL'S OUT
Clubs are in

CLUB MEMBERSHIP IS $30 PER MONTH

Transportation is provided from select schools!

Programs/Activities
- Homework Help
- Athletics
- Game Room
- STEAM
- Field Trips
- Teen Program

CONTACT US
bgcirc.org
james_russo@bgcirc.org | 772.388.4944

Ages: 6-18
Hours: 2:30-6:30 PM
Regularly Scheduled Networking Events

**Every Wednesday:** Exchange Club of Sebastian meets at noon at Capt. Hiram's

**2nd Thursday of each month:** Sebastian Area Women in Business meets at 8am at Captain Hiram's. Breakfast is available for purchase. All business women are welcome to join us. Meet other women in business and enjoy interesting presentations and lively conversations!

**The Rotary Club of Sebastian meets every Thursday at 12:15 p.m.** at Capt’n Butchers. The 1st Thursday is our business meeting and the rest of the months meetings have speakers. Guest are welcome to see what Rotary is all about and listen to a speaker. Lunch is $15 if you choose to eat. Come join us if you are interested in joining the club. We have many projects and fundraisers for members to help our community.

http://www.sebastianrotary.com/  772-581-3199

Employment Opportunities

Is your organization seeking employees? Send your information to info@sebastianchamber.com and we’ll post it on our jobs board. To see all listings click here